



## State of Oklahoma

The Oklahoma Hospital Tobacco Cessation Systems Initiative, *Hospitals Helping Patients Quit*, began in January 2009. Current efforts are focused on implementing brief, effective evidence-based tobacco cessation interventions as outlined in the Public Health Service Clinical Practice Guideline, including referrals to the Oklahoma Tobacco Helpline. The Oklahoma Hospital Association (OHA) is establishing relationships with hospital leadership around the state and utilizes its knowledge of hospital culture, processes and systems to integrate screening and treatment into the hospital leadership structure. This ensures a systems approach to developing sustainable tobacco use cessation services with patients.

OHA is currently working with INTEGRIS Health, the largest hospital system in the state with twelve hospitals statewide, in implementing comprehensive cessation programs for patients, family members, and employees. INTEGRIS established a multi-disciplinary clinical team to develop an in-patient process, medication order set, a paper and an electronic health record process. Five questions are used to screen each patient through a health history conducted by the admitting nurse. Any positive response on tobacco use triggers a referral to the Respiratory Therapy Department, which then assesses patient readiness to quit. Respiratory Therapists counsel the patient, order medications for physician approval, if appropriate, and fax refer to the Oklahoma Tobacco Quitline. The Quitline conducts post-discharge follow up with patients, including monthly reports back to the Oklahoma Hospital Association.

From October 2010 through March 2011, four INTEGRIS hospitals and 10 physician practices referred 971 patients to the Quitline, representing 57% of all health provider fax referrals received in the state. Forty-two percent (42%) of those referred accepted services through the Quitline. The Oklahoma Tobacco Settlement Endowment Trust and the Oklahoma Tobacco Research Center track and evaluate referrals to the Quitline. In 2010, research showed that one year after contacting the Quitline, 35% of those in the multiple-call program were tobacco-free. The remainder of INTEGRIS hospitals will phase in the implementation over the next 18 months.

Project Funding: Grant (Tobacco Settlement Endowment Trust)

Additional support: Oklahoma State Department of Health, Tobacco Use Prevention Service and the Centers for Disease Control and Prevention.

Website: <http://www.okhospitalquality.org/TobaccoCessationProject.aspx>

Contact: Joy Leuthard, [Leuthard@okoha.com](mailto:Leuthard@okoha.com)